

## **WHAT IS STATE SUPPLEMENTARY ASSISTANCE?**

State Supplementary Assistance(SSA) is a fully state-funded program that was designed to meet the additional special needs of aged, blind, and disabled people not met by the standard benefit rate paid by Supplemental Security Income (SSI). Iowa's SSA program covers 6 categories of special needs:

- Blind allowance
- Dependent Person allowance
- Family Life Home assistance
- In-Home Health-Related Care assistance
- Residential Care Facility assistance
- Supplement for Medicare and Medicaid Eligibles

Eligibility for State Supplementary Assistance is determined using SSI policies. People eligible for State Supplementary Assistance must meet all of the following requirements:

- Be aged, blind, or disabled according to Social Security standards.
- Be a resident of Iowa.
- Receive SSI or would receive SSI except for excess income.
- Have resources of \$2,000 or below for a single person, or \$3,000 or below for a married couple living together.
- Have income less than the income limit for the State Supplementary Assistance group.

Click on [Who Receives State Supplementary Assistance?](#) to learn more about who is eligible for this program.

People who are eligible for State Supplementary Assistance may also be eligible for Medicaid. Click on [What is Medicaid?](#) to learn more about the Medicaid program.

## **WHO RECEIVES STATE SUPPLEMENTARY ASSISTANCE?**

### **Blind allowance:**

Is available to any person who:

- meet's Social Security Administration's definition of blindness, and
- is either receiving SSI or meets all SSI eligibility requirements, but is over income by up to \$22

You can apply for the Blind allowance at a Social Security Administration office.

### **Dependent Person (DP) allowance:**

Is available to supplement the income of:

- aged, blind, or disabled people who
- meet the income and resource guidelines, and
- have a financially dependent relative (spouse, parent, or child) living with them.

### **Family Life Home assistance (FLH):**

Provides a supplemental payment to pay for care in a licensed family life home to:

- aged, blind, or disabled people who
- live in a private household offering a protective social living arrangement for one or two adults, and who
- do not have enough income to pay for their care.

### **In-Home Health-Related Care assistance (IHHRC):**

Is available to help meet the cost of paying a person to provide personal health care services in someone's own home for:

- aged, blind, or disabled people who
- have physical or mental problems that require nursing facility level of care, and who
- do not have enough income to pay for their care.

### **Residential Care Facility Assistance (RCF):**

RCF assistance is available to help meet the cost of paying for care in a residential care facility for:

- aged, blind, or disabled people who
- live in an RCF that participates in the SSA program,
- who are unable to properly care for themselves because of illness, disease, or physical infirmity, but do who do not require nursing facility care, and
- who have limited resources and total countable monthly income less than the cost of care for a 31 day month.

### **Supplement for Medicare and Medicaid Eligibles (SMME):**

SMME is available to supplement the income of:

- aged, blind, or disabled people who
- are eligible for Medicare Part B and Medicaid, who
- meet the income and resource guidelines, and who
- are not eligible for any other SSA benefit

Eligibility for SMME is determined when a person applies for Medicaid.